



ABC First Aid & Safety Training Ltd.

01522 520133
0800 5 999 467

info@abc-training.co.uk
www.abc-training.co.uk

Quiz questions- sample

- 1.What is the first thing to do when you approach a casualty?
- 2.How long would you check for breathing on an unconscious casualty?
- 3.What position would you place an unconscious, breathing casualty?
- 4.On a non-breathing child what is the rate of compressions to breaths?
- 5.On a non-breathing adult what is the rate of compressions to breaths?
- 6.How far would you compress the chest of an adult during CPR?
- 7.What information should you give emergency services when calling?
- 8.What is a primary survey?
- 9.What is a secondary survey?
- 10.What is the treatment of a conscious choking casualty?
- 11.What are the signs of shock?
- 12.What is the treatment of shock?
- 13.What is the pulse rate of an adult at rest?
- 14.How fast would you give chest compressions during CPR?
- 15.What percentage of oxygen is in your exhaled breath?
- 16.Which injury is the priority – bleeding arm or broken leg?
- 17.If a diabetic casualty is anxious, aggressive and drowsy, what should you do?
- 18.Should you have plasters in first aid kit?
- 19.If an employee breaks their leg at work what regulations require reporting to HSE?
- 20.Who must fill in the accident book?
- 21.What are the ABC's of First Aid?

ANSWERS

- 1.Check for Danger
- 2.10 seconds
- 3.Recovery position
- 4.30 compressions, 2 breaths (5 initial breaths)
- 5.30 compressions, 2 breaths (same ratio for all ages)
- 6.5-6cm
- 7.Location, Incident, Other services, No. of casualties, Extent of Injury, Location in detail
- 8.The initial check carried out on a casualty – open the airway and check breathing
- 9.A more detailed check on a casualty for bleeding, burns, broken bones etc.
- 10.Lean them forward, instruct to cough, give 5 back blows and then 5 abdominal thrusts
- 11.Pale face, clammy skin, rapid shallow breathing
- 12.Treat the cause of the shock then lay the casualty down with legs raised, warm and reassure
- 13.60-80 per minute
- 14.Approx 2 compressions per second (rate of 100-120 per minute)
- 15.Approx 16%
- 16.Bleeding arm
- 17.Give them a sugary drink then something more substantial like a sandwich, rice or pasta
- 18.If possible use hypo-allergenic plasters and ask if the casualty has any relevant allergies
- 19.RIDDOR – Reporting of Injuries, Diseases and Dangerous Occurrence Regulations
- 20.Anyone can fill in the accident book
- 21.The ABC's refers to Airway, Breathing and Circulation.